

Resource list for LGBT+ inclusion in the MPharm programme



Below is a list of resources with brief descriptions.

1. **LGBT Foundation.** Pride in Pharmacy: Developing LGBTQ+ inclusion within community pharmacies
2. **LGBT Foundation.** Pride in Practice LGBT Patient Experience Survey 2021
3. **The Royal College of Surgeons of England.** The gender diverse patient webinar
Every person who seeks health care should be respected, understood, and treated with dignity. However, transgender and gender-diverse patients often face substantial health care disparities and barriers to care, including disrespectful attitudes, misgendering, deadnaming, 'trans broken arm syndrome', and chronically long wait times for specialist care. In this webinar, our panel discuss how surgeons and health care professionals can offer better care to transgender and gender-diverse patients.
4. **Centre for Pharmacy Postgraduate Education.** Transgender healthcare - consulting with dignity and respect
Key messages include: demonstrating empathy and active listening skills, creating a welcoming space for transgender people in healthcare, thinking about pronouns, gender-neutral language, and taking a person-centred approach to healthcare.
5. **National Library of Medicine.** Implications for medication dosing for transgender patients: A review of the literature and recommendations for pharmacists
6. **Centre for Pharmacy Postgraduate Education.** Seeing you better: Culturally competent person-centred care learning campaign
Provides wider insights, helpful tips on learning and being able to provide culturally competent, patient centred care.
7. **Faculty of Sexual and Reproductive Healthcare.** FSRH CEU Clinical Statement: Contraceptive Choices and Sexual Health for Transgender and Non-Binary People
8. **NHS Digital.** Health Survey England Additional Analyses - Health and health-related behaviours of Lesbian, Gay and Bisexual adults
Mental health, alcohol abuse, smokers, chronic illness and LGBT+ patients.
9. **Journal of Public Health.** The social determinants of lesbian, gay, bisexual and transgender youth suicidality in England: a mixed-methods study
Mental health and suicide risk specifically due to discrimination.
10. **The Lesbian, Gay, Bisexual and Trans Public Health Outcomes Framework Companion Document.**
Lack of data and data collection at certain places like A&E, drug services GP practices. Self-harm, suicide, emotional wellbeing of LGBT+ children, smoking, eating disorders, drug abuse, alcohol, isolation in older LGBT+ people, higher burden of STIs, HIV, lower breast, cervical cancer screening for bisexual, homosexual, non-binary people who are assigned female at birth and trans men. Also includes intersectionality of Black men who have sex with men (MSM) experiencing disproportionate HIV burden compared to White MSM.



11. Life Changes Trust. Proud to Care LGBT Dementia Project (June 2018 – July 2020)

The impact of dementia in older LGBT+ people and being more prone to isolation and apprehension to seek support.

12. #4intersex. Speak Up #4intersex: How to Speak the Language on Social Media

Intersex terminology, appropriate language with explanations.

13. Science. Systemic inequalities for LGBTQ professionals in STEM

Study of LGBTQ+ people in STEM and the difficulties they face due to their identity.

14. The PDA. LGBT+ Queerness in professionalism

Summarised topic of difficulties of being LGBT+ in a professional setting.

15. Stonewall

16. LGBT Foundation

17. UNAIDS. Global HIV & AIDS statistics — Fact sheet

18. The Philosopher. Being-in-the-Room Privilege: Elite Capture and Epistemic Deference

A longer philosophical essay on why we should be more comfortable being uncomfortable.