

Celebrating Women in Pharmacy

NAWP Newsletter

July 2017



Chichester Cathedral

The President's Letter

Dear Colleague

The hottest June on record has now cooled, with much needed rain, some districts having more than others, but most having enough for the gardens.

Members of NAWP held the AGM in April at The Chelsea Physic Garden, after a guided tour of The Royal Chelsea Hospital. A very enjoyable day. I was able to welcome three new members onto the Executive Committee: one returning member, Veronica Pearson and two new members, Jenny Cobden and Susan Shelley I'm sure they will all bring new ideas and experience to the committee.

In March I joined my first webinar – for International Women's Day. There was a series of speakers during the day, including Helen Gordon and Catherine Duggan from RPS, all speaking as Inspirational Women. I was able to contribute via twitter and on line chat; this then got mentioned live in the discussion section. All good publicity for NAWP.

Several of us were invited to an evening at RPS hosted by Helen Gordon, now CEO of Royal College of Medicine, on June 7th, 'Women in Healthcare Leadership'. Christine Heading and I attended the evening in which four women

spoke, pharmacists and nurses, on what inspired them to get to the top of their profession. Mentors can be from any areas, not just pharmacy. Question all decisions that affect you, they can usually be challenged. To be a leader you need empathy as well as ambition. The networking opportunities before and afterwards were useful. Altogether a very inspiring evening.

Integration of NAWP and RPS was put to the national boards of RPS in April. They have asked for more details of NAWP which I have supplied. With the new CEO of RPS appointed, Peter Bennett, we will possibly have to wait for him to be brought up to speed. I'll keep you informed of any progress.

Virginia Watson and I have been involved on the international planning committee for the European Women Pharmacist Meeting in Vienna on September 30th 2017. Eleven delegates have registered for the meeting with four partners. Flights are booked and hotel reserved. Come and join the fun. Details on the NAWP website.

Hope you all enjoy the summer

Regards
Anita White

NAWP Annual Report March 2017

Over the past year, NAWP has been quiet with regard to national activities but a lot has been happening behind the scenes. As was agreed at last year's AGM the EC have been working towards integration with RPS. The initial proposal was submitted to RPS in April 2016. Since then progress has been slow. RPS has indicated that the partnership agreement is firmly established and the intent to integrate is still strong, but other priorities have delayed discussion of the practicalities. Now, with a change of CEO in RPS the process is likely to be delayed further. The EC plan to keep the membership informed as soon as there is something to report and may need to consider a contingency plan should the integration proposal fail or be indefinitely delayed.

Elsewhere NAWP has been pursuing its

European links. A European Committee has now been set up with members from UK, The Netherlands, Germany, Austria and Iceland - communication between the various countries being by email and Skype conference calls. The members of the committee are very enthusiastic about continuing the European meetings into the future. Plans are now well under way for the next European Women Pharmacists' Conference which will be held in Vienna from September 29th to October 1st under the title of 'Women Pharmacists - Always One Step Ahead!'

NAWP is still well respected within the pharmacy fraternity and members of the EC have responded to a number of external invitations.

In June, the President and Secretary attended

the Welsh Pharmacy Awards. The awards were, as usual, of a very high standard with many younger recipients. During the evening, the newly appointed Assembly Member for Health re-iterated the assemblies support for pharmacists and the valuable work they do.

In September, Anita White and Virginia Watson attended the RPS Pharmacy Awards in Birmingham as part of the RPS Conference, and met the BPSA President, who, since many of his committee are female, is very aware of the gender issues that are topical at present. Christine Heading also attended the Conference to present her LPF poster.

In November, Christine Heading attended a meeting run by the Public Policy Exchange on the topic "Towards gender equality, supporting women in the workplace." This was a useful meeting to attend to keep updated on current topics.

Following previous contact with universities who have an Athena Swan Award NAWP has again been approached to speak at these events.

In December, Christine Heading spoke at a lunchtime meeting at UCL School of Pharmacy on the topic of NAWP past and present.

Two invitations were forthcoming for International Women's Day in March. Christine Heading spoke at the Anglia Ruskin University and Cheryl Way (President of NAWP Cardiff Branch) took part at Cardiff School of Pharmacy.

For some time the EC has been concerned about the cost of using the RPS facilities for its meetings. In addition to now having to pay for the hire of a room, there are now restrictions on the use of the restaurant. To this end, the EC has been looking at alternative venues. To date two EC meetings have been held in the Premier Inn meeting places and we are very grateful for the use of Monica's flat in Wimbledon on other occasions.

What of the future? It is difficult to say what will be the future of NAWP but in the meantime the EC are considering a number of options including working with schools of pharmacy involved in the Athena Swan Project and seeking out examples of experiences of discrepancies in working practices, pay, patient engagement etc with regard to gender or ethnicity. The EC will keep members informed of any progress in these areas.

Hazel Baker
Secretary

Towards Gender Equality: Supporting Women in the Workplace

This was the title of a seminar run by the Public Policy Exchange, an organisation from which NAWP receives notifications. The PPE aims to 'provide an invaluable interface for policy discussion, debate and networking' for practitioners, civil servants and other stakeholders. Its purpose is to help shape public policy. The seminar itself, held in London, was attended by about 15 individuals plus speakers, and addressed a variety of issues relating to

employment of women including cultural underpinnings of discrimination and the legislative picture. It probably won't come as too much of a surprise to readers of this newsletter that, as so often, community pharmacy just doesn't fit the models and frameworks that attract most discussion. However, getting the chance to make this point was itself worthwhile.

Christine Heading

Athena Swan and International Women's Day

In late 2016 NAWP was invited by University College London (UCL) School of Pharmacy to provide a speaker for an event for staff and students, which was part of their Athena Swan programme. The Athena Swan programme, that initially focused exclusively on the STEM subjects (science, technology, maths and

medicine), is designed to help women working in academia and research to flourish collectively more successfully than they do at present. University departments can design programmes and achieve targets that will lead to Bronze, Silver or Gold awards. UCL School of Pharmacy has a Bronze award, but the programmes need

to be sustained just to retain the awards, let alone to move forward. NAWP has previously participated in events at the Universities of Manchester and Bath (whose pharmacy departments have Silver and Bronze awards respectively).

In addition NAWP was invited to speak at Anglia Ruskin University and the School of Pharmacy, Cardiff University as part of their respective International Women's Day events. Christine Heading represented NAWP at UCL and Anglia

Ruskin University and Cheryl Way at Cardiff University

Following Christine's visit to UCL and during a subsequent visit by Virginia Watson to the School of Pharmacy at Cardiff, both departments have expressed an interest in adding a lecture on gender/sex and diversity in patient healthcare to their undergraduate curriculum. These lectures, to be given by NAWP, are planned to start in the 2017-2018 academic year.

Dr Juanita Burnby and Mrs Enid Lucas-Smith: Two Presidents of the British Society for the History of Pharmacy

On 1 April 2017 the British Society for the History of Pharmacy (BSHP) celebrated its fiftieth anniversary at their annual spring conference. This year the conference was held in London, at the Royal Pharmaceutical Society headquarters in East Smithfield and the Double Tree hotel by Hilton at Marble Arch. Dr Shirley Ellis and I prepared small posters, of each President of the BSHP. The posters, which were presented at the conference, showed the wide range of people who had been Presidents, they were mostly pharmacists but some were not. Each person brought their own skills and personalities to the role of President. With the permission of the BSHP and using the poster information, I have written about two past women Presidents of the BSHP who were pharmacists.

Juanita Burnby PhD. FRPharmS. BSHP President from 1976 - 1977



Juanita Burnby was a founder member of BSHP and the Editor of the BSHP's Pharmaceutical Historian between 1991 and 2000. She was presented with the Leslie Matthews Medal, the BSHP award given for outstanding pharmaceutical historical research, for her work on the research into the History of Pharmacy in 1995. She was elected as a member of the International Academy for the History of Pharmacy. In her name the Burnby Memorial Bursary of £500 annually was established. This bursary is awarded to a student of a School of

pharmacy or other higher educational establishment, who submits an essay on the History of Pharmacy and presents it at the annual spring BSHP conference.

She began her career in community pharmacy and was the fourth generation of her family to enter Pharmacy. She served an apprenticeship with a subsequent year of study at Leicester College Technology for an external London degree of Bachelor of Pharmacy. As a student she developed an interest in history, architecture and archaeology. She initially

became an analyst in Quality Control for the firm John Richardson, Leicester. She registered in 1946 and worked mainly in hospital pharmacy with occasional locum work in community pharmacy. In 1959 she married Matthew Burnby. She was the Editor of the Pharmaceutical Journal. Juanita Burnby was awarded her PhD in 1983. As an accomplished historian she had many publications. Dr Burnby retired from the Royal Pharmaceutical Society in 2005 and died on 3 July 2010 aged 86 years.

Publications:

- PhD thesis "A Study of the English Apothecary from 1660-1760". Wellcome Trust Centre for the History of Medicine at UCL 1983. ISBN 0854840435.
- Plague, Pills and Surgery. The story of the Bromfields. Edmonton Hundred Historical Society 1975. (with D Whittet) ISBN 0902922246.
- And they blew Exceeding Fire. Edmonton Hundred Historical Society 1976. (with A E Robinson) ISBN 0902922254.
- Now turned into Fair Garden Plots. Edmonton Hundred Historical Society, 1983 (with A E Robinson) ISBN 0902922416.
- Drovers and Tanners of Enfield and Edmonton. Edmonton Hundred Historical Society 1988. ISBN 0902922483.
- Guns and Gunpowder in Enfield. Edmonton Hundred Historical Society (with A E Robinson) 1988. ISBN 0902922475.
- Caricatures and Comments. Merrel Dow Pharmacist, 1989.
- Elizabethan Times in Tottenham, Edmonton and Enfield. Edmonton Hundred Historical Society, 1995. ISBN 0902922572.
- Pharmaceutical Historian. 64 papers in the years 1967-1995.

Enid Lucas-Smith FRPharmS. BSHP President in 1999



Mrs Enid Lucas-Smith had been the Treasurer of BSHP. She had manned the History of Pharmacy stand at many British Pharmaceutical Conferences. She was a member of Worshipful Society of Apothecaries of London, where she initially joined the faculty of History and Philosophy of medicine and pharmacy. She also served on the executive committee and became a Yeoman in 1993 and subsequently a full liveryman of the society.

Mrs Lucas-Smith's career was in community pharmacy and she registered in 1939. She was an independent proprietor pharmacist and had a shop in Langley, Berkshire. She was a Member of the Pharmaceutical Society Council. She was a Chairman of Slough branch of the Pharmaceutical Society. She was Chairman of Berkshire local Pharmaceutical Committee. She was Chairman of Oxford Regional Pharmaceutical Committee. She was Chairman of Slough National Pharmaceutical Association.

She was President of National Association of Women Pharmacists in 1974-1976 and served on the executive committee in 1971. She was Chairman of the Institute of Pharmacy Management International. This organisation was founded for discussion on management issues for the independent proprietor.

After her death in November 2002 aged 85 years, many pharmacists paid warm tributes to Mrs Enid Lucas-Smith. Mrs Pat Hoare a member of the Society Council said that "She had first met Mrs Lucas-Smith and her son Anthony at a Slough branch dinner, where she learned that Enid Lucas Smith lived on Eel Pie Island in the Thames near Twickenham". Mrs Hoare said that she was "proud to represent the National Association of Women Pharmacists (NAWP) at Mrs Lucas-Smith funeral. Mrs Vela Burden an executive committee member and past president of the National Association of Women Pharmacists said that she had attended her first NAWP executive meeting at Mrs Lucas-Smith's London flat at the prestigious address of 19 Great College Street, Westminster. Mrs Burden also said that Mrs Enid Lucas-Smith served as secretary to the London branch of the NAWP and was the NAWP representative at the Fawcett Society. Mr Nicholas Wood, general secretary of the Institute of Pharmacy

Management International and member of court, Worshipful Society of Apothecaries said "Enid Lucas-Smith was one of the earliest members of the Institute of Pharmacy Management International and she was a successful proprietor pharmacist when few independent proprietor pharmacists were women". Dr John Hunt, a friend, said of Mrs Enid Lucas-Smith that "Pharmacy was a business which makes heavy demands and only a small proportion of its members found time, energy and enthusiasm to pursue the professional life of the society with local branch, conferences, societies and institutions. There were few pharmacists who had contributed more to these aspects of the profession than Enid Lucas-Smith".

Publications:

She had 3 articles published in the Pharmaceutical Historian in the years 1997 - 2000.

Norma Cox

References.

en.wikipedia.org/wiki/J_G_L_Burnby.
[www.pharmaceutical-journal.com/pj-online-
obituaries-and-tributes-november-
2002/20008154](http://www.pharmaceutical-journal.com/pj-online-obituaries-and-tributes-november-2002/20008154).

Photographs courtesy of the BSHP

South Coast Odyssey

This small voyage started because of Boris, no not our mop-headed live wire of a Foreign Secretary, but my three year old super charged black VW Beetle complete with sleek lines and spoiler but with only six thousand miles on the clock.

One of the joys of living on Guernsey is that nowhere is very far away from anywhere else and my commute to work wherever I am on duty will only take me about ten minutes. The down side of this is that a new car will never really be run in properly and needs to have a good blast to sort this out.

Hence last Saturday night we drove sedately on to the Commodore Clipper for an overnight journey to Portsmouth arriving in the cool grey light of dawn at 6.30 the following morning. Being a Sunday there was no traffic which was a

bonus in adjusting from a 35 mph maximum speed limit on narrow roads to blasting along a motorway at 70 or more!! We decided to turn east and head back in time to Hampshire and Sussex.

Despite having spent the past 30 or so years in the Channel Islands, my formative years as a teenager were spent at boarding schools in Eastbourne and Brighton, moving on to the Brighton School of Pharmacy for my degree.

It is a salutary reminder to self that although one still feels young at heart, one's perceptions and ideas about places change and this journey served to illustrate the point.

Luckily our first stop in Chichester did not disappoint. The streets were clean and the little shops were all as I remembered them. A few

early souls were on their way to worship at the Cathedral so we followed them in to warmth of the lofty building and spent a while absorbing the amazing history of the original priory of St Wilfred at Selsey before St Richard founded the present Cathedral in 1075. It has two unique features of English Cathedrals being a free standing bell tower, or campanile, and double aisles. Overall there was a great feeling of welcome within the honeyed stone walls which encompassed the fascinating tombstones and stunning stained glass windows.



Unfortunately the coffee shop wasn't open yet so we headed back on the road towards Brighton passing through Hove, its previously upper class and genteel cousin. Unfortunately the roles now seem reversed and Hove has morphed in to a tatty suburb of the LGBT capital of the south. The Brighton seafront now boasts the tallest moving observation platform in the world, the BA i360 which is 162 m tall with the passenger viewing pod climbing to 138 m.

Unfortunately my *alma mater* for A levels, St

Mary's Hall had been subsumed in to Roedean in 2009, and the proud Victorian buildings where the mysteries of physics, chemistry and biology were unlocked have been sold to the Brighton and Sussex Universities Trust and now house some clinics for the Royal County Hospital. The memories of St Hilary House linger when we burnt the crumpets on Sundays after spending the morning at Brighton College Chapel, ostensibly to further our religious studies but actually to study the male talent in the pews!!

Having passed Roedean perched high on the cliffs on the coast road out of Brighton, we meandered along through the small towns of Rottingdean, Peacehaven, Newhaven and Seaford, and found the vast open area after the iconic Seven Sisters which forms part of the South Downs Way. I remember the bleakness of Birling Gap and Beachy Head, and said a quick prayer for all the lost souls who have perished from these crumbling pieces of chalk - quite spooky!!

Eastbourne always reminds me of the maiden aunt who used to take me out at weekends when my parents were working in East Africa and the term stretched interminably before holidays in the sun. Unfortunately the special tea shop where we enjoyed the most enormous fresh cream meringues is now a furniture shop, and my school, Beresford House, is now a huge playing field owned by Eastbourne College. Not even a building to mark the long weeks of homesickness, hateful lacrosse games, listening to Radio Luxembourg under the bedcovers and writing blue airmail letters on a Sunday afternoon.

However most of Eastbourne remains the same with the Grand Hotel and Bandstand resplendent on the sea front although the Pier, which burnt down in 2014, is still causing some local controversy. Purchased by Sheik Abid Gulzar in 2015 and several million pounds later, it is now dazzling with gold painted lions and domes and a large sign 'Welcome to Sheik's Pier'-the locals are NOT happy !! On a more positive note, to the east of the town sits Sovereign Harbour opened in 1993 and constructed on previous marshy flatlands this vibrant development offers a luxury marina,

waterfront homes and boutique shops and restaurants making it a very lively place to visit on a sunny spring afternoon!

Unfortunately our return ferry beckoned after a few days, so Boris enjoyed a faster run with foot pressed to the floor all the way to Portsmouth. Now he has to readjust to a sedate pace of 35 mph and no speeding tickets.

This brief sentimental journey is proof that we should not dwell on the past, remember the good times but move forward embracing change and hope that we have made some contribution along the way... I think it might be time to join the Retired Pharmacists Group!!

Elizabeth Nye

FORTHCOMING EVENTS

12th European Women Pharmacists meeting Vienna

Women Pharmacists - Always One Step Ahead



on

Saturday September 30th 2017

at

**The Austrian Chamber of Pharmacists,
The Apothekehaus, Vienna**

The weekend commences with an informal gathering on Friday evening at the FeuerWagner Heurigen. Here delegates will have the opportunity to taste local wine, have a buffet meal and enjoy musical entertainment.

The programme for the meeting on Saturday commences with an opening address by Mag. Raimund Podroschko, President of the Austrian Association of Employed Pharmacists (AAEP). This will be followed by a talk on the curriculum changes in pharmacist education in the Netherlands and then sessions on keeping up to date with continuing professional development and career progression by developing specialist skills. Speakers from Germany, Austria, the UK and Iceland will cover many sectors of pharmacy practice including community and working in GP surgeries; hospital; industry; and public administration.

An evening reception, by invitation of the Mayor of Vienna and AAEP, will be held at the Vienna Town Hall, Rathauskeller.

On Sunday morning there will be an optional walking tour of Vienna followed by coffee and cake at a traditional coffee house.

Meeting registration: €100 (€25 for students). Bookings should be made on line at http://umfragen.vaaoe.at/fg_form.php?formID=64.

Hotel Accommodation: a number of rooms at Motel One Prater, Vienna have been allocated at the special rate of €100.74 for single room, € 125.62 for double room (per night, including breakfast). Bookings may be made via the online registration form.

Annual Subscriptions 2017

If you have not paid your subscription fee for this year, please do so as soon as possible.

Subscription fees for 2016 are:

Full time	£ 30
Associate Member	£ 30
Part time	£ 20
Retired	£ 10

Students are entitled to join NAWP free of charge and to pay a reduced subscription of £10 for the first three years after registration (please state the year of graduation).

Associate Membership is open to individual healthcare professionals (including pharmacists in other countries and technicians) who support the objectives and activities of the Association. Associate members may attend and speak, but not vote at the Annual General Meeting of the Association.

Cheques should be made payable to NAWP and sent to The Treasurer, Mrs. Monica Rose, Glangors, Tregaron, Dyfed SY25 6JS.

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